



STEPFAMILY FOUNDATION of ALBERTA

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Stepfamily Problem List

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Your Name: _____ Your Gender: Male Female

Your Partner's Name: _____ Today's Date: ___/___/20___
day month year

Instructions: Rate each item below, on a scale from 1 to 10, to indicate which areas are of concern for you and/or your family. Circle the ones that trouble you personally the most.

Key

0 = No Problem

Issues are easily addressed and resolved

to

10 = Severe Problem

Issues are difficult or impossible to address and continually resurface

<i>Your Rating</i>	<i>Issue</i>	<i>Your Rating</i>	<i>Issue</i>
	1. Parenting		25. Conversation
	2. Couple time		26. Commitment
	3. Visitation		27. Sharing housekeeping responsibilities
	4. Discipline		28. Attractiveness of Spouse
	5. Family Time		29. Holidays and special occasions
	6. His Ex		30. Caught in the middle
	7. Her Ex		31. Anger and Aggression
	8. Trust		32. Disrespect
	9. Intimacy		33. Food/Meals/Diet
	10. Admiration		34. Hygiene
	11. Honesty		35. Sibling/Stepsibling relations
	12. Fidelity		36. School problems
	13. Sex		37. Involvement with police
	14. Acknowledgment/Recognition		38. Involvement with court
	15. Finances		39. Fees/tuition
	16. Privacy		40. Unfairness
	17. Money		41. Having fun
	18. Communication		42. Recreation
	19. Scheduling		43. Extended family
	20. Forgiving		44. Chores
	21. Criticism		45. Change
	22. Inheritance		46. Overly controlling behaviour
	23. Rules		47. Affection
	24. Roles*		48. Guilt

In summary, I feel that our family is experiencing: no only a few several many important problems.

* Role = knowing exactly what a person's place in the family is, and what their responsibilities are.